

SOCIAL SKILLS PLAY GROUP

For all genders • Ages 8-11 • Big feelings welcome

Making friends is a skill—and skills get better with practice. This play-based group gives kids a fun, supportive place to try out social skills in real time, build confidence, and learn how to use what they know when it actually matters.

What Happens in Group?

We play. We practice. We mess up. We try again.

With games, crafts, movement, and guided play kids will:

- Practice starting and **joining play**
- Take turns and share or **ask for space**
- Read social cues (**and ask when unsure!**)
- Handle frustration, disappointment, or **“that didn’t go how I expected”** moments
- Learn how to repair, reset, and **keep going**

All with a therapist nearby to support, coach, and cheer them on.

This Group Is Great for Kids Who...

- Want friends but feel unsure how to jump in
- Learn best by doing (*not by lectures*)
- Need a little support navigating group dynamics
- Are building confidence with peers

**DROP
IN!**

REGISTER
NOW



Wednesdays • 5-6:00 pm • 7 weeks • Starting March 4